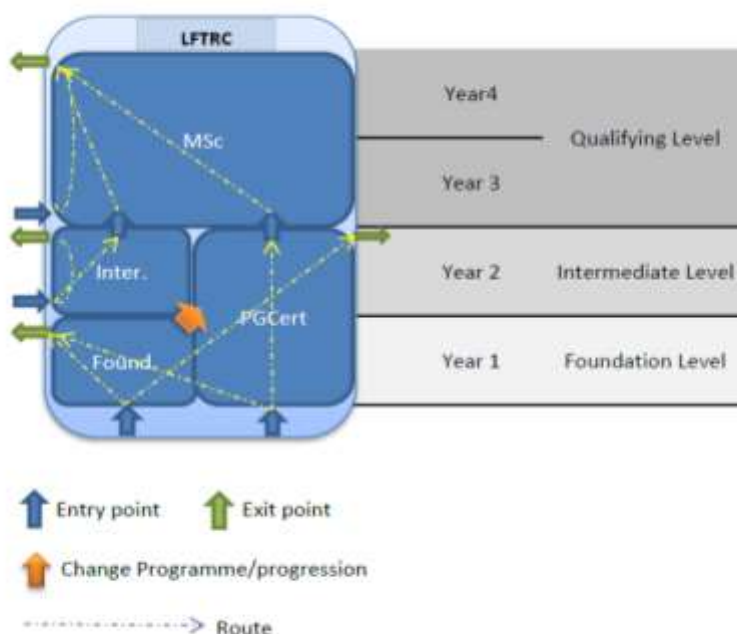


Leeds Family Therapy & Research Centre (LFTRC) has been successfully running Systemic Practice and Family Therapy courses since 1995 and draws on the strengths of established systemic practice while incorporating contemporary influences in the systemic world. All our programmes/courses have been successfully accredited by the Association for Family Therapy & Systemic Practice (AFT).



### **Postgraduate Certificate in Systemic Practice**

This is a part time programme over two years that covers the first two years of family therapy training and combines the Foundation Course in Systemic Practice and the Intermediate Course in Systemic Practice, and leads to the award of a Postgraduate Certificate in Systemic Practice from the University of Leeds to successful students. Upon completing this programme students will be eligible to apply for the qualifying level training (MSc in Systemic Family Therapy) leading to UKCP registration. This award is open to students who opt to complete both Foundation and Intermediate level training at Leeds on this programme.

### **Foundation Course in Systemic practice**

The course introduces systemic principles, models of family therapy and their application to practice. The course is available as a stand-alone course or as part of the Postgraduate Certificate in Systemic Practice. It is suitable for professionals working in psychology, mental health nursing, psychiatry, social work, counselling, voluntary organisations, and related fields.

The course consists of approximately 18 Wednesday evening sessions and 2 full days over the academic year. The course is multi-disciplinary and is delivered through a combination of lectures and practical teaching, followed by theoretical and application discussions and skills practice in small groups facilitated by qualified family therapists.

### **Intermediate Course in Systemic Practice**

This course is the Intermediate level training in Systemic Practice which builds on the knowledge and use of theory and practice in systemic family therapy achieved on the Foundation level course. It concentrates on the development of your therapeutic skills with families, couples and individuals and the translation of systemic ideas into your clinical practice. This course is available as a stand-alone course or as part of the Postgraduate Certificate in Systemic Practice.

It is designed for people who have successfully completed a Foundation course (LFTRC or other AFT accredited course) or equivalent

training. Applicants must be working in a setting suitable to undertake the Systemic Practice requirement of 60 hours of systemic practice during the year. The practice requirement must be supported by the agency and have at least 10 hours of suitable clinical supervision arrangements and facility to record, with client consent, one session (visual or audio) of clinical practice for assessment purposes.

The course consists of approximately 18 Wednesday evening sessions and 2 full day sessions over the academic year. The course follows a similar structure to the Foundation Course with a greater focus on the application of systemic skills with opportunities to develop and practice these throughout the course.

## **MSc in Systemic Family Therapy**

This two-year, part-time programme provides qualifying advanced clinical training in systemic family therapy and successful completion leads to eligibility for registration with UKCP.

The programme has approximately 18 full day teaching workshops over each year which includes theory, skills, research and personal professional development. In addition, students meet in weekly 4 hour supervision groups for supervised systemic practice. These are located in NHS clinics with a qualified systemic supervisor. Currently we have training supervision groups in Leeds, Sheffield, Bradford, Hull, Middlesbrough, Wakefield, Newcastle upon Tyne, Runcorn, and Stalybridge.

Applicants must have an appropriate professional qualification and have successfully completed an Intermediate Course accredited by AFT or equivalent. *There is a single intake of MSc students every two years.*

### **How much does it cost?**

Please check the course pages on our website [www.leeds.ac.uk/courses](http://www.leeds.ac.uk/courses) and search "systemic practice" for the most up-to-date fees. If you are an NHS employee working for an approved provider in the Yorkshire & the Humber region, you **may** be eligible for the Specialist Skills and Post Registration Development (SSPRD) funding for the cost of your course fees. The SSPRD provision is not available to medical staff, e.g. GPs and Psychiatrists. Please contact us for details.

### **To apply**

The Foundation, Intermediate, PGCert starts in September every year and online application is usually open in January every year.

For MSc, there is only one intake every two years and starting in September. Application to MSc is open in January every other year. The next intake of MSc will be for 2021/23.

For details on how to apply see [www.leeds.ac.uk/familytherapy](http://www.leeds.ac.uk/familytherapy).

### **Important information**

Information provided by the University such as in presentations, University brochures and the University website, is accurate at the time of first disclosure. However, courses, University services and content of publications remain subject to change. Changes may be necessary to comply with the requirements of accrediting bodies or to keep courses contemporary through updating practices or areas of study. Circumstances may arise outside the reasonable control of the University, leading to required changes. Such circumstances include, industrial action, unexpected student numbers, significant staff illness (where a course is reliant upon a person's expertise), unexpected lack of funding, severe weather, fire, civil disorder, political unrest, government restrictions and serious concern with regard to the transmission of serious illness making a course unsafe to deliver. After a student has taken up a place with the University, the University will look to give early notification of any changes and try to minimise their impact, offering suitable alternative arrangements or forms of compensation where it believes there is a fair case to do so. Offers of a place to study at the University will provide up to date information on courses.

The latest key information on courses, entry requirements and fees can be found at [www.leeds.ac.uk/coursefinder](http://www.leeds.ac.uk/coursefinder). Please check this website before making any decisions.

### **The course is delivered by staff from the Institute of Health Sciences:**

#### **Phil Arthington**

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#### **Kate Hall**

Module Lead - Foundation  
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#### **Marie McGovern**

Programme Lead - MSc  
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### **How to contact us:**

For more information please contact [familytherapy@leeds.ac.uk](mailto:familytherapy@leeds.ac.uk) 0113 343 3452

For application enquiries please contact [lihs-admissions@leeds.ac.uk](mailto:lihs-admissions@leeds.ac.uk) 0113 343 0806