



# Making Change Happen

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## Haamla Service

- Introduction
- Haamla Background
- Learning from women's experiences and the developments?



## Haamla Service

Haamla means 'pregnant women' or 'with child' in Arabic and Urdu.

**Supporting and Empowering women from BME (Black Minority Ethnic) Groups during their maternity care in Leeds.**

- Haamla was launched by Leeds Family Health Service Authority (FHSA) in 1994.
- Mainstreamed in 1997 as part of the Maternity Services at Leeds Teaching Hospitals NHS Trust.



## Haamla Team

- Midwives
- Bi-lingual Maternity Support workers
- Volunteer Doulas

The team deliver care across the city.



## Haamla's involvement and learning from each women's experience.

- Involvement since the start of the research.

### Learning:-

- Some women were 'not aware' of Haamla.
- Lack of Access and support.



## Learning from women's experiences

- Extend Antenatal Sessions for women who have experienced a previous loss.
- Increase antenatal and postnatal support amongst high risk women.



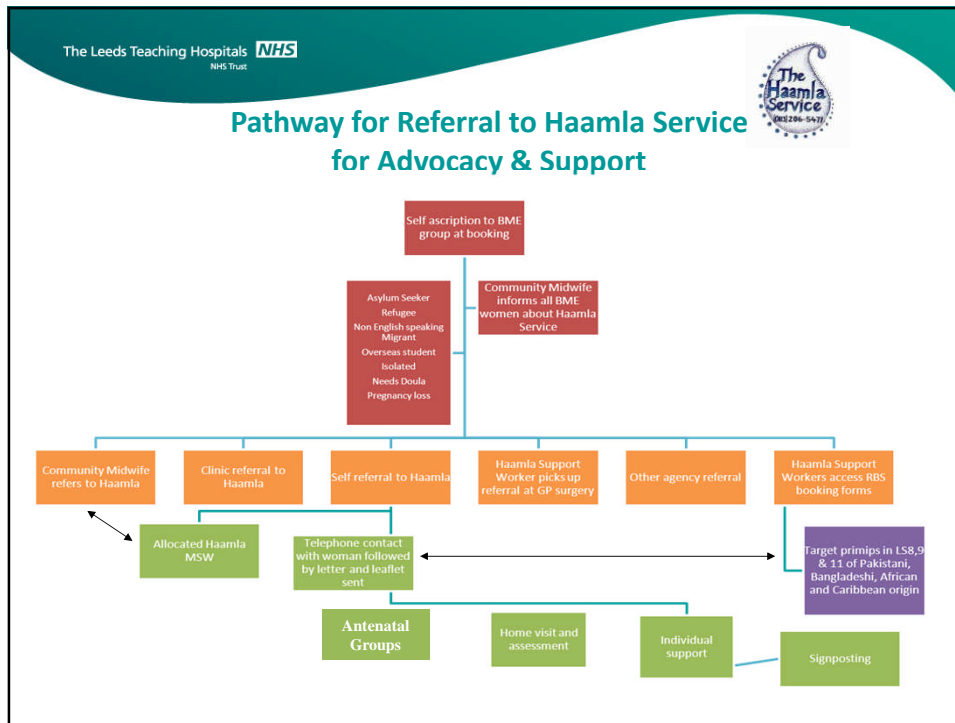
## Developments

- Screening all BME pregnant women in Leeds.
- Identify women with risk factors earlier in pregnancy.
- Contact and Inform women about the service.
- Antenatal Booking forms; targeting Pakistani, Bangladeshi, Afro-caribbean women.



## Developments

- Antenatal Group for Bangladeshi women.
- Questionnaires asking women about future groups.
- Postnatal period – Ensure women are contacted, supported and signposted to other agencies after birth.
- Bereavement support – training doulas, SANDS and HOPE.



The Leeds Teaching Hospitals NHS Trust

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# Thank you!

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