



Community Newsletter

Issue 46
Autumn 2016

In this issue we are really proud to announce that the School of Medicine has achieved the international Aspire Award for Social Accountability. You can also learn about St Vincent's fundraising work as well as about St Gemma's Hospice Care. The latest work of art to be launched as part of our Community Arts Initiative is a group painting by Age UK's Over 55 Out in Leeds LGBT Group and we will be welcoming them into our School to meet the Director of Medical Education, Professor Trudie Roberts in March 2017 plus hopefully some LGBT medical students and reps from the University Union LGBT Group will also be attending. I also felt humble in receiving a Certificate of Recognition from the Lord Mayor and Leeds City Council on behalf of Leeds Men's Health & Wellbeing Network "for their excellent contribution to the citizens and communities of Leeds" and I have been supporting this group for 16 years now. It has been a really good academic year and a good year for community organisations in the city despite a very challenging economic environment.

So roll on 2016/17 and we hope that you enjoy reading this Autumn 2016 issue.

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ASPIRE award for excellence in social accountability

The School was delighted to receive an ASPIRE to EXCELLENCE award from the Association for Medical Education in Europe (AMEE) for its outstanding performance in the area of Social Accountability. This follows ASPIRE awards for Student Engagement and Assessment in 2014 and 2015. The School is now one of only two medical schools internationally (along with Southern Illinois in the USA) to have been awarded three ASPIRE awards.

The ASPIRE award scheme recognises international excellence in medical, dental and veterinary schools. The aim is to promote outstanding performance and excellence in schools in terms of their mission and teaching and learning programme, taking into account the challenges and contexts in which a school is operating. The programme has an International Board of distinguished leaders in medical education as members and is supported by AMEE, working with other organisations with an interest in medical education.

AMEE acknowledged that the School had a long standing commitment to social accountability and that this activity formed a key part of the School's culture and identity. AMEE commended the School's significant stakeholder involvement (NHS partners, patients and carers and third sector organisations), the successful widening participation strategy and the diverse local and international placement learning opportunities. Shelley Fielden.

Age UK's Out in Leeds Community Arts Initiative Painting

Age UK's Over 55 LGBT Group Out in Leeds have finished their painting on 'What we would like our relationship with doctors to be like' as the latest piece in Leeds School of Medicine's Community Arts Initiative. The official launch of the work is expected to take place at the School in March 2017 and in the meantime the painting is on display in the Bradbury Building at Age UK's main Leeds City Centre office.

We thank the group members for taking part in this initiative.



The Maternity Stream and City of Sanctuary go to Glastonbury

The Maternity Stream were lucky enough to be asked by the White Ribbon Alliance to join them in the Tent of Sanctuary at Glastonbury Festival this year! With one very full car four of us made our way down south to join 6 other maternity/refugee organisations; STAR, Help Refugees, Regional Asylum Activism, Praxis, Garas and of course The White Ribbon Alliance, to raise awareness about our work to the festival goers of Glastonbury, network with like-minded people and build a community whereby we can work more cohesively in the future.

We spent the weekend getting to know each other and learning about the work each organisation were currently doing, discussions were held and the public were welcomed with tea, a photography exhibition of where City of Sanctuary (CofS) and Maternity Stream volunteers have found sanctuary in the past, a cinema corner, an interactive map and a craft table. The rain kept the visitors coming into the tent, we spoke to all different types of people from all different backgrounds, some already worked in the refugee sector and others who knew nothing about it but wanted to learn. It was a great opportunity for us to spread the word about the Maternity Stream and the City of Sanctuary's work, what we do, where we are and how to get involved. We displayed a list of all the cities where the CofS is currently based, which really helped to engage people and for them to relate to just how big our presence is across the country.



Community Education Development Officer Report Barry Ewart

Since the last newsletter I have attended the following

Steering Group / Management Committee Meetings:

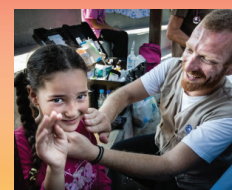
- LIME Green Team (9/2/16, 5/4/16 and 23/5/16)
- ASPIRE Social Accountability Award Bid Team (17/2/16)
- Leeds Men's Health & Wellbeing Network officers meeting (22/2/16) and EC (23/2/16 and 26/5/16) plus officers meeting with Tim Taylor, Public Health (11/5/16) and Time to Shine Funding Bid (20/6/16)
- City of Sanctuary Health Network (4/3/16 and 20/5/16)
- Campus to Clinic CMT (14/3/16)
- Jigsaw Visitor's Centre, Leeds Prison (22/3/16 and 26/7/16) and Policy & Procedures Sub-Committee (9/5/16) plus Away Day at Headingley Rugby Ground (25/5/16)
- RESS Pre-Xmas SSP CMT (23/3/16 and 14/6/16)

Conferences / Seminars / Presentations / Teaching:

- LIME Faculty Website Consultation (1/3/16)
- Touchstone 'Inclusive Mental Health & Vulnerable Migrants' Research Launch and Workshops (3/3/16)
- Workshops 'Mental Health & Body Language' Reaching For Excellence Widening Participation Event, LIME (6/4/16)
- BME 'Our Health, Our Conservation' Conference, Leeds Civic Hall including supporting 2 workshops on men's health (27/4/16).
- Presented a poster (with Dr Jonathan Darling) at the Diversity in Medicine & Health National Conference (DIMAH) in London (6/5/16)
- Voluntary Action-Leeds Workshop on Supporting Migrants in Leeds (16/5/16)
- Launch 'The State of Men's Health in Leeds Report', Rose Bowl, Leeds Beckett University (13/6/16)
- Official Opening of St Vincent's New Support Centre by The Lord Mayor of Leeds (14/6/16)

Other Activities / Visits:

- Richard Veitch, Filipino Futures (28/1/16 and 29/2/16) and with Tom Desoffey re an ESREP (4/2/16)
- Martin McAreavey, LIME re DOH Migrant Charging Consultation (8/2/16)
- Asgar Ali, Islamic Centre, Spencer Place, LS7 re men's health funding bids (18/2/16)
- Meeting with Claude Hendrickson, Chair Leeds Men's Health & Wellbeing Network, and talk plus tour of lab with Dr Phil Quirke, Cancer Specialist, St James' Hospital (5/4/16).
- Stall School of Medicine Airport Lounge 12.00-1.00pm as part of Dementia Awareness Week (18/5/16)
- Marion Bowman, Dentistry re community based education for the new 27 Year 0 Introduction to Dentistry & Medicine Students from September 2016 (9/6/16)
- St Vincent's Support Centre, Leeds Re-Opening Launch (14/6/16)
- Leeds City Council 'Certificate of Recognition' Award Event with the Lord Mayor of Leeds (21/6/16)
- BME Older People Consultation Even, Frederick Hurdle Centre (13/7/16)
- Diversity in Medicine and Health (DIMAH) National Working Group, University of Liverpool (21/7/16)



Doctors of the World UK provides healthcare to vulnerable people, wherever we're needed most.

Doctors of the World has over 400 projects in 80 countries. Whether it's providing mental healthcare to refugees in Calais, treating vulnerable refugees in Greece, or strengthening health systems in West Africa, we meet the health needs of vulnerable people globally. We also strive to give a voice to marginalised people across the World, reporting on violence, injustice and unmet health needs wherever we find them. In the UK we run clinic and advocacy programmes in East London and Brighton that provide medical care, information and practical support to excluded people such as vulnerable migrants, sex workers and people with no fixed address.

See www.doctorsoftheworld.org.uk/

29th Floor, One Canada Square, London E14 5AA.

Tel. (0)20 7169 5789.



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change the lives of
over 4,000 people
living in poverty.**

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need our help.**

Contact our community support
projects based across West Yorkshire
to find out how YOU can support our
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Text SVSC12 followed by your amount (e.g. SVSC12£10) to 70070.

Thank you for helping us change lives

Barry's Community Update

It was a really good academic year in 2015/16 – our Green Team in the School won two awards in our first 12 months of existence; we were the best new team of the year and achieved a Bronze Award from the University Sustainability Team. We are all passionate about trying to make the University of Leeds a more environmentally sustainable organisation which could help in addressing the real threats posed by climate change. Our School was also successful in achieving the internationally recognised Aspire Award for Social Accountability and as part of the team led by Shelley Fielden I was able to draw upon much of our community based education as evidence to illustrate our genuine partnership approach with the local community. I was also really pleased to receive a Certificate of Recognition from the Lord Mayor of Leeds on behalf of Leeds City Council on behalf of Leeds Men's Health & Wellbeing Network for their outstanding work for the citizens and communities of Leeds and I have been supporting this group now for 16 years including being secretary for the last 9 years. In November 2015 our School also received The City of Sanctuary Health Award for our work in welcoming refugees and asylum seekers into the School and for involving their service users in our curriculum plus for promoting this. We are the first medical school in the UK to receive such an award.

In 2015/16 500 year 1 & 2 medical students in groups of four also visited 120 diverse voluntary groups close to the practices they were placed with in West and North Yorkshire as part of Campus to Clinic and their short reports on these community visits were generally lovely to read. The students learn to think more holistically about healthcare as well as learning about the importance of the voluntary sector as potential partners in healthcare delivery plus the visits may also help to build links between the voluntary sector and practices which is what the third sector is always asking for. I have also recently got involved more with DIMAH (Diversity in Medicine and Health) and attended their national conference (opened by the President of the GMC) in London on the 6th of May 2016. This event was attended by representatives of practically every medical school in the UK and DIMAH aim to promote good Diversity Teaching Practice in every medical school. I subsequently attended their next working group in Liverpool on the 21st of July plus was able to contribute a range of ideas to support their aims and I hope to make their future meetings – see www.dimah.co.uk In December 2015 35 of our year 2 & 3 medical students spent

time with diverse voluntary groups in the city as part of our RESS Pre-Xmas Student Selected Projects Programme and a further 24 did Sign Language and about 120 medical students have done this latter option in the last 5 years. The students write individual reflective diaries on their placements plus joint community newsletter articles which are usually a pleasure to read and the feedback from both the organisations and students on these is very positive. We also brought in outside organisations and individuals to the School to run 20 plus small group interactive workshops (twice) as part of IDEALS 2 Inclusion Health – Valuing Diversity.

We further organised for diverse tutors to run small group interactive workshops (twice) on BME languages common to the region as part of our IDEALS 2 Language Lab Workshops. These simple welcoming phrases in BME languages (before an interpreter would become involved) aim to create a more welcoming interaction between diverse patient groups and doctors plus they should also help build a better rapport between diverse patients and doctors.

Both of these teaching sessions were well evaluated by the students and group facilitators plus the idea of getting our diverse Language Lab tutors to say a bit about the background to the language and its culture has really benefitted the sessions.

June 2016 also saw the launch of the National Centre for Men's Health, Leeds Beckett University report, The State of Men's Health in Leeds which was commissioned by Public Health, Leeds City Council and 2 years earlier Leeds Men's Health & Wellbeing Network had been lobbying for such actions including speaking at a Leeds City Council Health Scrutiny Committee meeting. In the School we have continued to work on making video podcasts as part of our Year 2 IDEALS Inclusion Health – Valuing Diversity Programme which are put on our virtual learning environment for the medical students and the latest one completed is Living with HIV by BHA Leeds Skyline. A further one by the West Indian Centre Charitable Trust on Black Men's Health is in the pipeline for completion and we have more future video podcast exciting ideas coming up for this year. So overall a very successful academic year in 2015/16 and roll on 2016/17!

Barry Ewart, Community Education Development Officer,
School of Medicine.
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Professor Paul Stewart, Faculty of Health & Medicine Dean (centre) is pictured with the School of Medicine team at Leeds that put together the successful bid for the Aspire Social Accountability Award. The team are pictured with all three of the School's Aspire Awards and are from left to right: Barry Ewart, Shelley Fielden, Paul Stewart, Gillian Swan, Hazel Millichamp, and Laura Stroud. Please note Jodi Gunning was also part of the successful team but was unable to make the photo shoot. Well done to everyone involved!

TED Talks

Ted is a non-profit devoted to ideas, usually in the form of short, powerful talks (18 minutes or less). Ted began in 1984 as a conference where Technology, Entertainment and Design converged and today covers all topics - from science, to business to global issues in more than 100 languages.

<https://www.ted.com/>

NORTH LEEDS CCG GRANTS

A new round of third sector grants may be opening in October 2016. Check out www.northleedscg.nhs.uk and Leeds Community Foundation www.leedscf.org.uk



www.healthwatchleeds.co.uk

Equalities Assembly Conference

Wednesday 2 November, 10am-1pm (light lunch served at 1pm) • Banquet Hall • Civic Hall

As you are aware, the Equalities Assembly is one of the ways that the council consults and engages with Leeds' citizens. There are 7 Equality Hubs Age; BME; Carers; Disability; LGBT*; Religion or Belief; Women.

Every year, we hold the Equalities Assembly Conference at the Civic Hall and it's chaired by James Rogers. The format of the day will include a council progress update from James, a brief presentation from Cllr Rafique, and updates from the equality hubs about the projects they have been involved with over the last 12 months. The main focus is the round table discussions, which gives you the opportunity to have your say on a particular issue. This year, we'd like to focus on the cohesion aspect of the council's "Strong communities benefitting from a strong city" Breakthrough Project.

The aim is for us to all find out more about the activities going on in Leeds that promote cohesion and brings communities together. We also want to know about the "gaps", such as where communities are not coming together, why they aren't doing so, and what can we do to reverse this. Your feedback will contribute towards our cohesion plans.

Please can you confirm if you would like to attend, registration is from 9.15am, and a light lunch will be served at the end of the event from 1pm. There will also be a market place at the back of the hall with stalls representing council services and the voluntary sector. Please let Celine Bickerdike know if you would like to attend by Friday the 7th of October.

Telephone 0113 247 8944 • Email: Celine.Bickerdike2@leeds.gov.uk



Healthy Living Network working in Leeds to encourage health and wellbeing in communities.

We were founded in 2002 as a Healthy Living Centre and have delivered a number of projects across the city including our incredibly successful Community Health Educator programme, which trains local people to support their communities in making small changes towards improving their health and wellbeing. We are part funded by the NHS and deliver health education sessions in target areas of the city, as well as receiving funding from grants to run projects in all areas of health and wellbeing, supported by our team of sessional workers and volunteers. In 2014 Healthy Living Network merged to become part of Barca-Leeds and now has an expanded portfolio of services that includes projects working with Gypsies and Travellers, suicide prevention for men and financial inclusion.

The contact telephone number is: 0113 295 1043.



DIVERSITY IN MEDICINE & HEALTH

See: www.dimah.co.uk/

**St Vincent's
Support Centre:**
giving help,
hope and
opportunity to
families
in Leeds
living in
poverty.



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to find out how your support can
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Text SVSC12 followed by your amount (e.g. SVSC12£10) to 70070.

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Care & Share

Come along to find
out more about
Hospice care

**HOSPICE
CARE
WEEK**
3 to 9 October 2016

An event to share what St Gemma's
Hospice provides and what Hospice Care
means to you.

St Gemma's Day Hospice
329 Harrogate Road, LS17 6QD

Friday 7th October
11am - 3pm

For more information or to
R.S.V.P Contact Jayne Upperton
on 0113 218 5500 or email
JayneU@st-gemma.co.uk

Places are limited so please R.S.V.P
with your preferred time slot by
30th September.



#HospiceCareWeek



Community News

Leeds Third Sector Partnership and Acts Event, Banqueting Suite, Leeds Civic Hall, 3rd October 2016, 9.30am - 1pm

DOING THINGS DIFFERENTLY is a space where public, third, community and academic partners can share their challenges and expectations of each other, and explore where and how they can do more together differently to meet our thriving, inclusive and compassionate city aspirations. For further information please contact: Sonia.Woodcock@val.org.uk

West Yorkshire Safeguarding Week 17-23rd October 2016.

Leeds is participating in a West Yorkshire wide Safeguarding Week in October and the initiative wants the third sector and voluntary sector groups to get involved. The contact information for Leeds Safeguarding Children's Board is: LSCB@leeds.gov.uk

Join the human library at the Art of Recovery on October the 7th.

The human library will be run on Lights Night in conjunction with the Art of Recovery at the Corn Exchange on the 7th of October from 6.00-8.00pm and they are looking for human books. The human library provides a safe environment for people to engage in conversation, a visitor can choose a book from a range of titles and the difference is the books are people, and reading is a conversation in a framework of respect, and with permission to respectfully ask questions and to share experiences. Tel. 0113 394 5400.

Story Corps Me.

There is a wonderful speech on Ted Talk by Dave Isay from Story Corps Me a movement which began in the USA. This non-profit organisation has recorded 100,000 meaningful short interviews with people from around their country which aims to, "build an archive of the wisdom of generations." See: <https://storycorps.me/>



Barry Ewart, Community Education Development Officer at Leeds School of Medicine is pictured receiving a Certificate of Recognition from the Lord Mayor of Leeds, Councillor Gerry Harper, on behalf of Leeds City Council. The certificate is for Leeds Men's Health & Wellbeing Network and, "its excellent contribution to the citizens and communities of Leeds." Barry has supported this Network in Leeds for 16 years.

The state of men's health in Leeds report

For a PDF version of this 2016 report by Leeds Beckett University just Google 'The State of Men's Health in Leeds Report.'

Caring Dads

A programme that aims to -

- help fathers improve their relationship with their children
- end controlling, abusive and neglectful behaviours.

What does Caring Dads include?

17 week group programme, with weekly 2 hour sessions for a group of up to 12 men

- Workbook for men to work through during the programme
- On-going support for women and children throughout the programme.

Caring Dads – ‘I try to think before I speak, respect myself and others as well, I am trying to be a good role model for my children’.

Tele 0113 378 1610



Useful Websites:

Doing Good Leeds

<https://doinggoodleeds.org.uk>

Healthwatch Leeds

www.healthwatchleeds.co.uk/

Leeds North Clinical Commissioning Group

www.leedsnorthccg.nhs.uk/about-us/

Leeds South and East Clinical Commissioning Group

www.leedssouthandeastccg.nhs.uk/

Leeds City Council Equality Assembly

<http://www.leeds.gov.uk/council/Pages/Equality-Assembly.aspx>



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*Don't forget Barrys blog at
<http://communityppd.blogspot.com>*
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